



Dr. Columbus Batiste

THE HEALTHY HEART DOC

CARDIOLOGIST | AUTHOR | SPEAKER & CONTRIBUTOR

Dr. Columbus Batiste, known as the "Healthy Heart Doc," is a captivating speaker and advocate of plant-based nutrition. His unique ability to turn disparity topics into relatable and engaging conversations makes him one of the leading lifestyle medical influencers. He educates his audience on simple healthy heart strategies for documentaries, podcasts, news outlets, international conferences, churches, and non-profit organizations.

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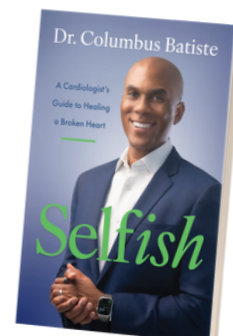


CARDIOLOGIST

Dr. Columbus Batiste is a double board-certified Cardiologist, Interventional Cardiologist, and passionate lifestyle advocate. Through the support of many giants in the field of lifestyle medicine, he embarked on a crusade to educate and empower patients to enact change and defeat these preventable diseases thereby extending their health-span.

AUTHOR

In *SELFISH: A Cardiologist's Guide to Healing a Broken Heart*, Dr. Columbus Batiste provides the ultimate blueprint for coping with the everyday stressors of life that lead to heart disease, anxiety, and depression. Built upon an evidence-based approach to optimal health, *SELFISH* challenges readers to combine self-care techniques with the transformative power of plant-based nutrition to truly heal from the inside out, and enjoy life on purpose.



SPEAKER & CONTRIBUTOR

Dr. Batiste's engaging viewpoint on heart health not only captures the attention of audiences but also imparts enlightening insights. Recognized for his expertise, he has been featured in renowned documentaries like "Eating You Alive" and "The Game Changers." Moreover, he shares his wealth of knowledge on maintaining a healthy heart and adopting a plant-based diet through interviews on television, radio, and various podcast platforms.

SPEAKING TOPICS

- Role of Lifestyle in Achieving Optimal Health
- SELFISH: The Cure for Stress and a Broken Heart
- Lifestyle Interventional Cardiology 101
- How to Democratize Health for All



BOOK DR. BATISTE

For inquiries about booking Dr. Batiste as a speaker contact him at e: Info@DrBatiste.com

www.DrBatiste.com | [@HealthyHeartDoc](https://www.instagram.com/HealthyHeartDoc)

