

Dr. Columbus D. Batiste is a board-certified Interventional Cardiologist and Regional Chief of Cardiology for Southern California Permanente Medical Group.

In 2010, Dr. Batiste sought to break-the-cycle of prescriptions and procedures as the sole management of chronic disease and began promoting a long-term solution for his patients through nutrition, stress reduction, and exercise. In 2016 Dr. Batiste led a group that collaborated with Samsung Technologies and developed a virtual cardiac rehabilitation program utilizing a Samsung wearable. Since its launch the program, which applies the principles of lifestyle, has treated over 15,000 patients.

Understanding that the health of an individual is uniquely tied to their community, Dr. Batiste collaborated on the formation of a non-profit organization called the Healthy Heart Nation. The mission of Healthy Heart Nation is to improve the health of the community by narrowing disparities in education, business, justice, and ultimately health otherwise described as social determinants of health.

Dr. Batiste is a passionate advocate for lifestyle lecturing across the nation and internationally on the power of plant-based nutrition. His anticipated first book entitled SELFish: A Cardiologist Guide to Healing A Broken Heart is available for pre-order now and distributing in 2024.